

Name: _____



Region: _____ Site: _____ Year: _____

Age group: (circle one) U19 U16 U14

USA Field Hockey Futures Program Player Evaluation

A Player Evaluation is given to each Futures athlete who has met a minimum of 60% attendance at their home site. The evaluation is designed to provide the athlete with an overall view of her/his current understanding of the game and skill level (as compared to the top athletes in the athlete's age group U19, U16, U14). Player performance is assessed in four major categories --- Physical Skills, Technical Skills, Tactical Skills, and Mental Skills. Athletes are rated on a scale of 1-5.

Weak			Improving		Skill Mastery
1	2		3	4	5

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Physical Skills encompass stamina, endurance, speed, acceleration (first 5-10 yards), quickness (reaction time), strength (overall and as it relates to playing), and agility.

Athlete's overall rating: 1 2 3 4 5

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Endurance	1	2	3	4	5
Speed	1	2	3	4	5
Strength	1	2	3	4	5
Agility	1	2	3	4	5

Technical Skills encompass all passing skills (hitting, aerals, pushing, and receiving), along with tackling, elimination, and goal shooting skills.

Athlete's overall rating: 1 2 3 4 5

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Passing	1	2	3	4	5
Receiving	1	2	3	4	5
Elimination Skills	1	2	3	4	5
Tackling Skills	1	2	3	4	5
Goal Scoring Skills	1	2	3	4	5

Tactical Skills incorporate the understanding of man to man defense, zonal defense, decision making both offensively and defensively, 2 v 1 skills, 1 v 1 skills creating space, anticipation, positioning, and set plays.

Athlete's overall rating: 1 2 3 4 5

Anticipation	1	2	3	4	5
1 v 1 Skills	1	2	3	4	5
2 v 1 Skills	1	2	3	4	5
Zonal Def. Skills	1	2	3	4	5
Man to Man Def.	1	2	3	4	5

Mental Skills relate to the athlete's focus, mental toughness, discipline, aggressiveness, "killer" instinct, concentration, cooperation, ability to work cohesively as part of a team, attitude, dedication, work ethic, and coachability.

Athlete's overall rating: 1 2 3 4 5

Mental Toughness	1	2	3	4	5
Concentration	1	2	3	4	5
Aggressiveness	1	2	3	4	5
Work Ethic	1	2	3	4	5
Coachability	1	2	3	4	5

Comments:

Signature of Futures Coach

Date